

When Walk-In Counseling Center is not available and you or someone you love is in crisis, these organizations can help.

Twin Cities Metro Area

Crisis Connection
612-379-6363

Provides over-the-phone crisis counseling services 24-hours a day, 7 days a week.

Hennepin County/Minneapolis Area

COPE (Community Outreach for Psychiatric Emergencies)
612-596-1223

Provides emergency intervention services 24-hours a day, 7 days per week, when someone is experiencing an emotional crisis that threatens their personal safety. To access a COPE team, call 612-596-1223. COPE professionals will go to the person in crisis, handle the immediate crisis, and provide a clinical assessment. COPE can arrange for inpatient psychiatric services if necessary or admission to a crisis shelter (during which they also provide case management for a few days). Services are available to adults whose crisis occurs in Hennepin County; clients do not need to reside in Hennepin County.

[Hennepin County Acute Psychiatric Services](#)
612-873-3161

24-hours a day, 7 days a week: assessment and possible hospitalization for psychiatric emergencies. Emergency entrance at Hennepin County Medical Center, 8th and Chicago Ave., Minneapolis.

Ramsey County/St. Paul Area

[Ramsey County \(Adult Mental Health\) Crisis Unit](#)
651-266-7900

Provides phone and mobile outreach to assess and coordinate psychiatric emergencies. Can refer to mobile crisis services in surrounding counties.

Regions Hospital Crisis Program

651-254-1000

24 hours a day, 7 days a week: assessment for psychiatric emergencies and possible hospitalization. Main hospital/Emergency entrance is at 640 Jackson St. in St. Paul.

Suburban Metro

Suburban County Adult Mental Health Crisis Intervention

Every county in Minnesota has a mental health crisis intervention resource. These services are also available for children/young people.

Anoka: 763-755-3801

Carver/Scott: 952-442-7601

Dakota: 952-891-7171

Washington: 651-777-5222