

# Volunteering at Walk-In Counseling Center

### ABOUT US

<u>Walk-In Counseling Center</u> was founded by a group of psychologists in 1969, in response to the unmet need for accessible mental health services in the Twin Cities. For the past 49+ years we have provided free mental health and crisis counseling to help thousands of people address issues of depression, anxiety, chemical abuse/dependency, trauma, domestic violence and a variety of other emotional and interpersonal concerns.

Our mission is to provide, free, anonymous, easily accessible mental health counseling to people with urgent needs and few service options. Our overarching goal is to help people stabilize during a time of crisis and move towards resolving problems before they become severe. In 2017, approximately 165 volunteer mental health professionals provided 18,000 service hours valued at \$1,115,000. The contribution of our volunteers to the community since 1969 is estimated at more than \$25 million.

#### We are, to our knowledge, the only mental health service in the world staffed by volunteer clinicians.

#### **ABOUT VOLUNTEERING**

We rely on the expertise and generosity of our **140+ volunteer counselors and team consultants** to deliver high quality counseling to people with urgent needs; **25+ volunteer clinic receptionists** to coordinate during clinic hours, and administrative assistants who support Walk-In curing non-clinic hours. Walk-In volunteers bring passion, compassion, and dedication to their work with clients.

At our primary site in Minneapolis, volunteers work in teams of six: four counselors, a team consultant and a clinic receptionist. Off-site locations in St. Paul are staff by teams of three to four.

Some volunteers commit to a weekly schedule. Others work certain hours each month and some are substitutes. Although Walk-In emphasizes the importance of continuity in the volunteer force, different commitment options are available. **Clinic volunteers' schedules must permit a commitment to a regular (weekly or bi-weekly) evening or afternoon shift for at least 8 months.** 

#### **BECOME A VOLUNTEER**

1. Visit our website (<u>https://walkin.org/volunteering-students</u>) to learn more about the requirements and responsibilities of our volunteer counselors, team consultants, clinic receptionists, and administrative assistants.

2. Complete an application. (Access application at <u>https://walkin.org/volunteering-students</u>.) To save the application so you can fill it out and email and/or print it, go to File, choose Save As, and save to your computer before filling it out).

3. Submit your completed application to Pang Chang, Director of Volunteers.

4. After we receive your application, you will be contacted for an interview. Additionally, clinic volunteers must pass a background check prior to volunteering.

5. Once accepted, you will be scheduled on a clinic team or an administrative assistant shift.

Questions? Contact Pang Chang, Director of Volunteers, at pchang@walkin.org or 612-870-0565 x111.

# Volunteer Application Administrative Assistant

# 2421 Chicago Ave. S., Minneapolis, MN 55404 " P: 612-870-0565 " F: 612-870-4169

*Instructions:* Please complete this application and return it to Pang Chang, Director of Volunteers, at pchang@walkin.org, by fax or by mail at the address listed above.

# CONTACT INFORMATION

	Available Start			
Date of Application:	Date:			
Name:				
Street Address:				
City:				
	State: Zip:			
Phone:				
	Type: Home Cell Work			
Email:				
Date of Birth:				
Current	Position/Title:			
Employer:				
Current position is:Full-TimePart-Time	Dates of current employment:			
PAST INVOLVEMENT WITH WALK-IN				
Have you ever volunteered at Walk-In Counseling Center? Yes				
If yes, in what role?	Dates:			

## VOLUNTEER EXPECTATIONS & EXPERIENCE

### 1. How did you learn about Walk-In Counseling Center?

2. Why do you want to volunteer at Walk-In? What do you expect from this experience?

3. Please check each <u>non - team shift</u> that you are available, and indicate your 1<sup>st</sup> and 2<sup>nd</sup> preferences.

Day	Shift Time	Frequency	Preference
Minneapolis			
Monday	10:00 am - 1:00 pm	(weekly)	
Tuesday	10:00 am - 1:00 pm	(weekly)	
Tuesday	1:00 pm - 4:00 pm	(weekly)	
Wednesday	10:00 am - 1:00 pm	(weekly)	
Thursday	10:00 am - 1:00 pm	(weekly)	
Thursday	1:00 pm - 4:00 pm	(weekly)	
Friday	10:00 am - 1:00pm	(weekly)	

4. Please list your <u>current and past</u> volunteer experience.

Age	ncv/	Program:

Activities:

Agency/Program:

Activities:

Agency/Program:

Dates:\_\_\_\_\_

Dates:\_\_\_\_\_

Dates:\_\_\_\_\_

Attach a separate sheet if necessary.

CREDENTIALS & TRAINING	
<ol> <li>Please list any degrees held and/or expected</li> </ol>	ed.
Institute:	Degree:
Major Field:	Year:
Institute:	Degree:
Major Field:	Year:
Institute:	Degree:
Major Field:	Year:

2. If you do not have a degree in psychology, social work, or related flied, please list any relevant training or coursework in the mental health field.

3. Please list any special areas of expertise or special skills (e.g. foreign language, sign language, etc.).

4. What computer skills do you have and what programs are you comfortable using?

### EMPLOYMENT EXPERIENCE

**1.** Please list all <u>current and past</u> employment during the past <u>three years</u>. Include part-time, temporary, and full time positions. Please list chronologically beginning with the most recent. Attach a separate sheet if necessary.

Agency:	Dates:
Mailing Address:	
Phone Number:	
Title:	
Description (setting, duties):	
Agency:	Dates:
Mailing Address:	
Phone Number:	
Title:	
Description (setting, duties):	
Agency:	Dates:

2. Please describe any human services work (internships, field experience) not included in your employment or volunteer history.

### **REFERENCES**

Mailing Address:

**Phone Number:** 

Description (setting, duties):

Title:

Please provide contact information for  $\underline{two people:}$  one who knows you professionally and one who knows you personally

Name:

Agency/Institution:

Phone:

Email:

Name:

Agency/Institution:

Phone:

Email:

# STATEMENT OF APPLICANT

All information submitted by me in this application is true to the best of my knowledge. I understand that any significant misstatement in, or omission from, this application may be cause for denial of appointment as a volunteer or cause for dismissal from the volunteer staff.

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By applying for appointment to the volunteer staff of Walk-In Counseling Center, I acknowledge that I have the responsibility to read the "Ethical Guidelines at Walk-In Counseling Center" and other Walk-In Counseling Center rules and regulations. I agree to act in accordance with these ethical guidelines and any other rules or regulations adopted by Walk-In. I also recognize I am bound and held to the ethical and professional standards associated with my professional degree and license in accordance with the state board responsible for my licensure.

I authorize the Walk-In Counseling Center, its staff, and representatives to consult with persons or institutions with which I have been associated and with others, including past and present employers, who may have information bearing on my professional competence, character, and ethical qualifications. I understand that a background check is conducted as part of the hiring process for this volunteer position and consent to that action. I release from liability all representatives of Walk-In for acts performed in good faith and without malice in connection with evaluating my application and my credentials and qualifications. I also release from any liability all individuals and organizations who provide information to Walk-In Counseling Center in good faith and without malice concerning my professional competence, ethics, character and other qualifications.

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I understand and agree that I will notify Walk-In Counseling Center of any changes in my job or training status, licensure, censure or sanction by professional bodies, or any other information relating to my ability to perform as a volunteer counselor.

Type name

Signature

We will have you sign this form at the time of an interview.