



2421 Chicago Avenue South  
Minneapolis, MN 55404

www.walkin.org  
Fax: 612-870-4169

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Phone: **612-870-0565**

## **WALK-IN COUNSELING CENTER: THE BASICS**

### **CLINIC LOCATIONS AND HOURS:**

**Minneapolis Clinic:** 2421 Chicago Ave. S., Minneapolis  
Monday, Wednesday, Friday from 1 - 3 p.m.  
Monday through Thursday from 6:30-8:30 p.m.

**St. Paul Clinic locations** (space is shared with Walk-In by these organizations):

**Family Tree**, 1619 Dayton Ave. (entry is just west of Snelling facing Marshall)  
Monday & Wednesday from 5 - 7 p.m.

**Neighborhood House**, 179 Robie St. E  
Tuesday from 6 - 8 p.m.

### **SERVICES**

Free. We do not take insurance and have no sliding fee structure.

Anonymous if client chooses.

No appointment needed. If you come during clinic hours, you will be seen. It is first come first served.

Appointments are available after the first walk-in visit.

We serve individuals, couples and families.

Young people ages 15 to 18 can be seen without parental consent.

Services are available by appointment for Spanish speakers: call 612-870-0565 x 2 to leave a voice message requesting an appointment; Spanish speakers are available at some walk-in clinics.

### **PHILOSOPHY**

We try to reduce barriers to accessing therapy.

We help people solve personal problems based on the information they are willing to share.

We hope to be involved before a problem becomes a crisis.

We believe that, when a person gets better, it positively impacts everyone in their network of family and friends.

### **THANKS TO OUR VOLUNTEERS**

Services are provided by master and doctoral clinicians in social work, psychology and marriage and family therapy (and advanced graduate students in those fields), who volunteer their time and skills. Lay volunteers support the clinic teams and Walk-In's administrative services.