

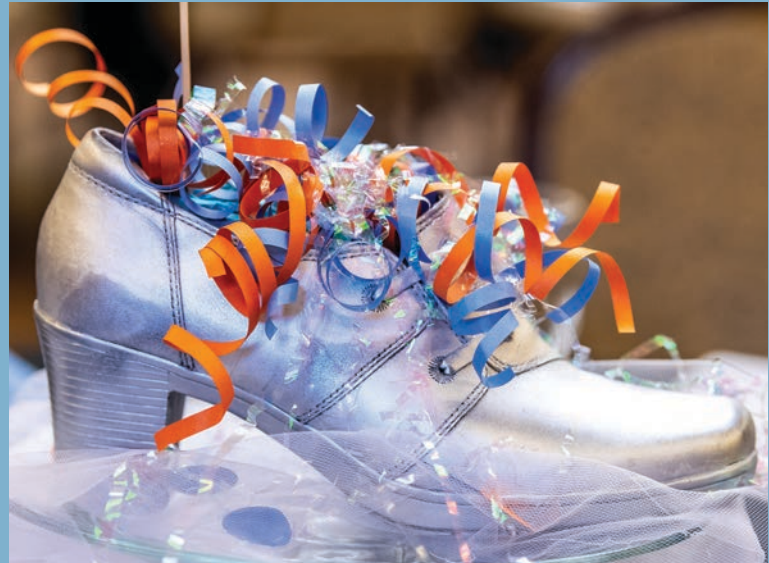
Walk-In Counseling Center: 50 Years of Community Service

Annual Report 2019

A Year of Celebration



VocalPoint Chorus Concert



50th Anniversary Gala

Looking back just a few months . . .

2019 seems a long time ago. Now in the midst of the pandemic lockdown, I'm so glad we got to actually celebrate our 50th anniversary last year.

It still seems rather amazing to me that fifty years went by, 3,000 volunteers came and went (though some are still with us), probably hundreds of thousands of people (and their loved ones secondarily) got help, and Walk-In is now 51 years old and still going strong.

Even this year's shift to phone and online services has been a smooth one. . . well there have been a few glitches, but not serious ones. We continue to do the work we've always done: free, anonymous (of course), services for anyone with an urgent need and/or limited resources.

And doing it today is as important as it was in the past. The pandemic and social and civil unrest all lead to the anxiety, depression, relationship issues, chemical abuse, etc., we know well. Walk-In continues to be here to help our clients sort it all out and figure out what to do next.

Because this is supposed to be a 2019 annual report, and that was our 50th year, I'll say a huge "thank you" once again to all the people who helped make those



fifty years possible: volunteers, donors and friends. Thank you.

2019 was an amazing year of celebration, starting in February with the VocalPoint Chorus concert and benefit, featuring singer/songwriter Sara Thomsen. I am so grateful to the chorus, and director Jennifer Andersen, for a moving and beautiful program, in which chorus members spoke about their personal struggles with mental health.

I look back with warmth and gratitude on the 50th anniversary gala in October. That gathering of 400 people (an impossibility now in the pandemic) brought us enough joy, connection, and commitment to last us another 50 years.

With the photos in this report, I invite you to savor these memories -- and the strength and love in our community that makes our mission possible.

May we use this turbulent time to learn from the past and re-create a new future for ALL of us!

Mary Weeks, MSW, LISW
Executive Director

Decade After Decade, Supporting All

2,600
people received
5,000
free counseling
sessions.

96%
of clients were
satisfied with the
services.

87%
of clients felt
more hopeful
after coming to
Walk-In.

99%
of clients
would refer a
friend or family
member.

Walk-In Counseling provides free, anonymous, no-appointment counseling every weekday during clinic hours. Spanish speakers and those who need additional counseling may set appointments.

52% of clients had annual household incomes of less than \$30,000.

52% of clients were women, 42% men, 6% other.

78% of clients were 39 years old and younger.

42% of clients were non-white.

45% of clients had insurance, but came to Walk-In because they couldn't afford copays or deductibles, couldn't wait for an appointment, or needed complete anonymity.



“Thanks for all you do to renew the fabric of our community.” -Donor

50 Years of Listening and Healing.

Walk-In Clinic sites in 2019

- 2421 Chicago Ave. S., Minneapolis
- Family Tree: 1619 Dayton Ave., Saint Paul
- Neighborhood House: 179 Robie St. E., Saint Paul
- First Lutheran Church "Love Grows Here"
Wellness Center: 463 Maria Ave., Saint Paul

12
board
members

122
client
donations totaled
\$2,936

165
volunteers contributed
thousands
of hours of clinic availability, case
consultation, counseling, outreach,
and administrative assistance
with an estimated value of
\$913,000

3
partner
sites

31
foundations, businesses,
and religious/community
groups contributed
\$306,607

5
staff
members



“I found Walk-In Counseling Center on a tip ...and it made all the difference. I was able to immediately be seen. They didn’t need to know my real name, or if I had a job...They just knew I was a person struggling.” - Client

Thank you, volunteers!

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2019 Revenue (\$1,702,388)

- 54% In-Kind (\$913,318)
- 19% Foundation, Corporate, State & Community Grants (\$316,549)
- 22% Individual Donations (\$366,948)
- 4% 50th Anniversary (\$74,675)
- 2% Consultation & Training (\$29,446)
- <1% Other (\$1,452)

2019 Expenses (\$1,340,220)

- 90% Programs (\$1,203,732)
- 5% Management (\$69,067)
- 5% Fundraising (\$67,421)

Visit walkin.org/about for our Form 990, balance sheet, & financial report.

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Maria B. Scheidegger	Sokolofski-Tracy	Gary Schoener	Kurt P.
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Bernie Schmidt	Joe Turgeon	Thomas	Richard Meacock
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Rachel Schmitt	Megan B. Unger	June Sroufe	Sean
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