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Phone: **612-870-0565**

## **WALK-IN COUNSELING CENTER: THE BASICS DURING THE CORONAVIRUS PANDEMIC**

Services are **FREE** and **ANONYMOUS**, with **NO APPOINTMENT** needed. All services are provided by professional clinicians. **ANYONE** can use **Walk-In**: clients of other organizations, other service providers, people in the community. Asking for help can be the healthiest thing you do!

All “walk-in” clinics are now by phone or computer using the Zoom platform. But they are still no-appointment. Just call or log in during clinic hours, and you’ll be in the “waiting room.” Next a receptionist will greet you, then place you in a private breakout room, where a counselor will join you as soon as one becomes available. Here’s how to reach a clinic:

**BY PHONE:** Find a quiet place. *Phoning while driving is dangerous. Please don’t!*

Call the Zoom phone number for the Midwest – 1 (312) 626-6799. When prompted by Zoom, enter the Meeting ID for the Walk-In clinics: 458-270-804. If you get a busy signal, call another Zoom number\*, listed below, until you get through and are prompted for the meeting ID.

**BY COMPUTER:** To join by computer during clinic hours, go to: [zoom.us/j/458270804](https://zoom.us/j/458270804)

Follow the on-screen instructions to open Zoom.

Click on the blue button to “Launch Meeting.”

The screen will say “Please wait, the meeting host will let you in soon.”

Please turn your computer camera to “On.” (Having trouble? Go to our website, [walkin.org](http://walkin.org).)

### **CLINIC HOURS STARTING SEPTEMBER 1, 2021**

**Monday: 1 – 3 pm & 5:30 – 7:30 pm**

**Tuesday: 5:30 – 7:30 pm**

**Wednesday: 1 – 3 pm & 5:30 – 7:30 pm**

**Thursday: 5:30 – 7:30 pm**

**Friday: 1 – 3 pm**

Please call or log in to Zoom *only* during clinic hours. You will talk with the clinic receptionist who will connect you with a counselor ASAP. Please be patient.

### **SERVICES TO SPANISH AND HMONG SPEAKERS**

We continue to serve Spanish and Hmong speakers: The client can call our main number (612-870-0565), x 2 for Spanish; x 3 for Hmong. We will call the client back to arrange for counseling.

**\*ZOOM PHONE NUMBERS:** If you get a busy signal, go to the next number. (Numbers are not toll-free.)

+1 929 205 6099

+1 669 900 6833

+1 301 715 8592

+1 253 215 8782

+1 346 248 7799